

Meeting Summary & Action Items

Maine Telehealth and Tele-Monitoring Advisory Group Meeting

Date: Thurs, November 14, 2019, 10:30A-12PM

Attendees: Lisa Letourneau, Tom Leet, Amy Heino, Alecia Swihart, Danielle Louder, Reid Plimpton, Caren Bishop, Rick Redmond, Lisa Harvey McPherson, Rob McCarley, Jim Martin, Andrea Gimpel-Blanchard, Gus Crothers, Mike Towey, Jerry Dubois, Sue Woods, Kevin McGinnis, Dennis Smith, Carol Carew, Sam Hurley, Donna DeBlois

Unable to attend: Dan Gell, Alan Jansujwicz, Jasmine Bishop

Issue	Summary/Decisions	Action Items	Lead
Welcome & Introductions	<ul style="list-style-type: none"> • Lisa L. welcomed members, introduced Danielle as Chair, Member introductions • Lisa L. provided high-level overview of Maine DHHS Rural Health Initiative; includes 4 pronged approach - leveraging telehealth is major component • Reviewed vision/goals for state-wide strategy and role of the advisory group per statute, including Advisory Charter; No concerns noted; will allow time for digital review • Discussed future meeting frequency/dates 	<ul style="list-style-type: none"> ✓ Group will identify clear deliverables ✓ Review Group Charter and provide any additional feedback to Danielle ✓ Agreed to meet quarterly; with potential for subcommittees as work requires/State requests 	<p>All All Danielle All</p>
Building on Previous Efforts	<ul style="list-style-type: none"> • Reviewed history/purpose of group, including key focus areas developed in previous meetings (June & October 2018), ME telehealth landscape (challenges/opps), current policy, etc. • Discussed other relevant efforts: CMMI ET3, EMS/Paramedicine; CMMI Payment Model Pilot, ME Child Psychiatry Access Program, Pharmacy, Primary Care 	<ul style="list-style-type: none"> ✓ Information/Discussion ✓ Identify opportunities for integration with existing and/or new efforts 	<p>Danielle, LML All</p>

<p>Identifying High-Impact Opportunities</p>	<ul style="list-style-type: none"> • Rural roadmap/plan and telehealth landscape drove focus of discussion regarding specific areas of focus; topics included: Access, Continuity of Care, Workforce Development, Policy Limitations, etc. – Lisa L. reiterated that Behavioral Health and SUD are key focus for Admin and Rural Health Initiative • Discussed working definition of “telehealth” vs. “telemedicine” vs. broader “digital health”, and how group wants to utilize such terms moving forward; Rick encouraged expansion of definition to address gaps in workforce • Identified 5 “buckets” of focus with multiple potential strategies within each; Discussed methods to prioritize and establish action steps - priority needs, low hanging fruit; Gus encouraged focus on outcomes vs. telehealth as care delivery mechanism • Discussed opportunities for funding/collaboration: Danielle Provided HRSA Rural Health Planning Grant Overview and Discussed MCDPH’s plan to apply, E-Consult network focus of application; PCHC and MRHC identified as partners 	<ul style="list-style-type: none"> ✓ Compile updated list of key focus areas and relevant strategies ✓ Group agreed on broader definition under its scope of work ✓ Disseminate and complete survey to identify/prioritize “high-impact opportunities” ✓ Reach out to Danielle if interested in participating 	<p>LML, Danielle</p> <p>All</p> <p>Caren All</p> <p>All</p>
<p>Moving Forward & Next Steps</p>	<ul style="list-style-type: none"> • Discussed organizations/perspectives missing from the current membership; identified USM for work in rural and telehealth and VA (from Rural Health mtg); more specific perspectives can be included through sub/action groups moving forward 	<ul style="list-style-type: none"> ✓ Identify reps from USM and VA ✓ Provide recommendations for additional members to Danielle ✓ Forward links to current legislation (federal and state) 	<p>Danielle All</p> <p>Reid</p>
<p>Future Mtgs: Focused Topics</p>	<ul style="list-style-type: none"> • Next Meeting Topic: Action Planning • Future Meetings will be either first or second Thursday of the month, on a Quarterly basis 	<ul style="list-style-type: none"> ✓ Send out meeting invite for February 6, 2020 meeting; Create Agenda ✓ Establish set schedule for ongoing meetings 	<p>Danielle</p>
<p>Next Mtg: Thurs, Feb 6th 10:30A-12P; 109 Capitol St. – Augusta (Room Location TBD) And via Zoom: https://zoom.us/j/515271505?pwd=aVZqSFNXQVUrY0xoSlZ5aVZPT1paZz09</p>			

Maine Telehealth Priorities – as identified in 11/14 Discussion by Advisory Group members

I. Promote Payment Changes

- A) Fed: Advocacy for Medicare Policy Change (e.g. Connect Act)
- B) State: Advocacy for commercial payers (payment rate and provider parity)

II. Develop Incentives to Promote Specific Outcomes/BH

- A) Rapid access to SUD/ODU treatment/1st appt
- B) Warm hand-off to MH, suicide prevention
- C) Access to/continuity of BH care
- D) Chronic disease outcomes (PROMS)
- E) Promote education that already exists

III. Support New Workforce Models

- A) Community paramedicine/ET3
- B) Pharmacy (e.g. video education)
- C) Home Health/ Direct Workforce
- D) Critical care consults (in field)
- E) Specialty care (e.g. stroke)

IV. Support Primary Care Workforce

- A) Project ECHO
- B) eConsults (HRSA Rural Health Network Planning)
- C) Video visits (w/ patient in home)
- D) Secure patient – practice team email
- E) ME specialist telehealth network
- F) TH training as part of primary care and specialist residency