

## Meeting Summary & Action Items

### Maine Telehealth and Tele-Monitoring Quarterly Advisory Group Meeting

Date: Thursday, November 10, 2022 10:30AM-12:00PM

**Attendees:** Lisa Nolan, Kevin Mcginnis, Lizzy Mulcahy, Lisa Harvey McPherson, Tom Leet, Lisa Letourneau, Sue Woods, Carol Carew, John Holland, Danielle Louder, Caren Bishop, Andrew Solomon, Chris Gilding, Reid Plimpton

Issue	Summary/Decisions	Action Items and/or Resources	Lead
<b>Welcome &amp; Agenda Scan</b>	Danielle opened meeting and did agenda scan with the group to ensure all key items were covered. Introductions were made.	No additional agenda items requested/added	Danielle All
<b>TH/TM Priority Areas</b>	<p><b>Promote Payment Change - TH Policy Post PHE and Q &amp; A</b></p> <p>Danielle – we should know tomorrow (11/11) whether or not the Feds will be extending the PHE (per their promise to give 60 days prior notification)</p> <p>Christina – shared 1-pager with highlights of key policy updates. Will be important for FQHCs and RHCs to advocate for 2024 PFS Especially mental health services – limited to the providers that use the psychotherapy codes that are listed. Not all MH services are covered. Other services will not be allowed via telehealth. Need to emphasize this during open comment for 2024 physician fee schedule.</p> <p>LHM – In DC at end of September talking about need to extend waivers post PHE period. There is bipartisan support. But is it permanent? 2-3years? There was a general lack of urgency around including in DC omnibus bill b/c of 151 day period. Back in DC in December and working on it again. What will the new house majority do in terms of working with admin on omnibus? A lot of uncertainty. Will keep us posted.</p> <p>Carol – is it correct that after 151 days, FQHCs have to go back to the previous model?</p> <p>Christina – currently, the only permanent expansion we have is for psychotherapy, so yes. Will return to previous model.</p> <p>In-person visit requirement - Post PHE 6 month initial, then annual</p>	<p><i>Resources:</i></p> <ul style="list-style-type: none"> <li>• <a href="#">What an eventual end to the PHE would mean for telehealth</a> <i>Healthcare IT News</i></li> <li>• <a href="#">The Future of Telehealth After COVID-19 – Bipartisan Policy Center</a></li> <li>• <a href="#">CCHPs Summary Report: State Telehealth Laws and Medicaid Program Policies FALL 2022</a></li> <li>• <a href="#">Final 2023 PFS in Federal Register</a></li> <li>• <a href="#">NCTRC – Prepping for end of PHE</a> <i>Provider Communication</i></li> <li>• <a href="#">OIG Report on Home Health Agencies Use of Telehealth</a></li> <li>• <a href="#">Sample BAA for videoconferencing platform</a></li> </ul> <p>Resources presented during meeting:</p> <ul style="list-style-type: none"> <li>- Post PHE Policy Considerations</li> </ul> <div style="text-align: center;">  <p>Post-PHE-TH-Policy-Considerations-11-10</p> </div> <ul style="list-style-type: none"> <li>- Slide deck: Telehealth Policy Updates</li> </ul>	Christina Q Reid



	<p><b>Support Primary Care</b>          Andrew and Caren provided Maine eConsult Network updates; participating sites, specialist recruitment and next steps for launch          See attached slide deck for high level overview, background on eConsults, benefits, and current status of pilot project          Lisa L – also want to make this available to patients with long COVID</p> <p><b>New Workforce Development Models</b>          Updates RE: Telehealth and Community Health Workers (John, Kevin, Caren)</p> <p>John shared slide deck – Results of survey, training, tools          Telehealth Current state – email questionnaire to figure out telehealth use among CHWs; Found that 2 agencies use telehealth, one worked with insurance agencies in health care; There really isn't a standard set of tools they use; Every agency has a strong interest in telehealth, but there are challenges:          Software: Zoom, WhatsApp, Doxy etc.          Video technology – opportunities and challenges in different communities          CHWs Work with 45+ patients per week          Best way to move forward to get more engagement in telehealth? Do a case study of 2 agencies in telehealth, what works well and how can we expand it? Collaborate with 2 champions</p> <p>Discussion:          Danielle – significant work going on in school based TBH. We could do some literature review to see if there are best practices.</p> <p>Caren – are there separate reimbursement codes for this work? Fee-For-Service? If we have staff that do the work of CHWs. Thinking about structure of reimbursement. It might be difficult to fund this work?</p> <p>Reid: NETRC did a webinar with HRSA Region 1 office in February 2022 on CHWs: <a href="https://vimeo.com/674962414">https://vimeo.com/674962414</a></p> <p>Carol - CHWs, we do a lot of that work with our clinic. Somehow reimbursement is tied into an existing program.</p>	<p>See slide deck on eConsult pilot</p>  <p>Maine eConsult Network Update for T</p> <p>See John's slide deck:</p>  <p>Community Health Worker TeleHealth Su</p> <p>Research: What are best practices around the country, best practices to leverage CHWs and telehealth?</p> <p>Next Steps: John – would like to work with NETRC and others on these two case studies</p>	<p>FYI</p> <p>FYI</p> <p>NETRC/John</p>
--	---	---	---

	<p>John – agencies are willing to pilot, see how we can support this. Reimbursement is certainly important. Need to understand what codes we can use and for what.</p>		
<p><b>Demo of Telehealth Classroom</b></p>	<p>Highlight of new and upcoming training resources; identify additional needs/recommendations</p> <p>Andrew provided walk-through of telehealthclassroom.org – Developed through CARES act. Open access eLearning portal. No cost once you create an account and login. Dashboard displays the various modules currently available:</p> <ul style="list-style-type: none"> <li>- CHWs, Telehealth for Primary Care, Achieving Quality in Telehealth, Portal for Care2 project, HRSA funded program. UNH, UNE, UofM, UVM collaboration.</li> </ul> <p>Built in platform called Articulate; Can be imported into an existing Learning Management System as well if</p> <p>Courses in progress: Care2 SUD course (available soon!), School Based TBH toolkit – looking for beta testers; e-prescribing trainings – 6mos +</p> <p>Discussion of additional trainings of need/interest:</p> <p>Lisa - Focus for a long time has been on vendor vs brick and mortar telehealth and costs associated. More recently the focus has been on access. Local providers cannot meet the need even though they are building up their practice to service more members. People are bringing in additional vendors as solutions. How do we gain access to BH and SUD services? Priorities for commercial payers have also shifted to access.</p> <ul style="list-style-type: none"> <li>- It would be helpful to have a telehealth directory to facilitate.</li> <li>- Commercial – started waiving copays – increased access</li> <li>- Vendor vetting – share this to find high quality vendors – payers are willing to cover this</li> </ul>	<p>See training resources on <a href="#">TH Classroom</a></p> <p>Provide recommendations for new resources as needs are identified among providers/stakeholders</p> <p>Further discussion: potential training development for vetting of telehealth service vendors to fill identified gaps in services that cannot be filled with local resources</p>	<p>FYI</p> <p>All</p> <p>NETRC team and interested advisory members</p>

<p><b>Resources and Opportunities</b></p>	<p><b>Resources and Opportunities (All)</b></p> <ul style="list-style-type: none"> <li>• Webinar: <b>October 28, 2022</b> – Federal Policy &amp; Telehealth: What to be Aware of Going Forward – Center for Connected Health Policy</li> <li>• Connectivity/Broadband: See updates RE: open funding opportunities, etc. on MCA website. Next MCA Board Meetings November 4 and December 2</li> <li>• Funding and Other Opportunities <ul style="list-style-type: none"> <li>○ <a href="#">HRSA Rural Health Network Planning Grant</a> – due 1/6/23</li> <li>○ <a href="#">FCC Rural Connectivity Outreach Grant</a> – due 1/9/23</li> <li>○ <a href="#">HRSA Developmental-Behavioral Pediatrics Training Program</a> – due 1/19/23</li> <li>○ <a href="#">USDA DLT</a> – now open! Due 1/30/23</li> </ul> </li> </ul> <p><i>Lisa HM – Northern Light Health added to our website under resource page broadband case statements for every county in Maine. Broadband data – any applicant for funding can pick it up from their website and put it right in their application</i></p>	<p><a href="#">CCHP Webinar Recording</a></p> <p>See <a href="#">Maine Connectivity Website</a> for exciting updates on recently funded projects and partnerships!</p> <p>Participate in the <a href="#">Correct the Dots</a> Campaign to help ensure Maine’s connectivity data and mapping is accurate!</p> <p>See Northern Light <a href="#">Broadband Case Statements</a></p>	<p>FYI</p>
<p><b>Next Steps and Adjourn</b></p>	<p>Danielle reviewed next steps/assignments (see Action Items) and encouraged all to reach out with questions and/or resources to assist with group activities to further promote telehealth.</p> <p>Items of interest for February meeting:</p> <ul style="list-style-type: none"> <li>- Policy updates, depending on where PHE lands</li> <li>- Updates/next steps RE: CHWs and TH, and Digital Therapeutics</li> </ul> <p>Reminded group of <a href="#">Advisory Group webpage</a> which houses meeting info and relevant resources.</p>	<p>Send out meeting summary and resources discussed; Include items of interest on February agenda</p>	<p>Danielle</p> <p>FYI</p> <p>FYI</p>
<p><b>Next Meeting: Thursday, February 2<sup>nd</sup> 10:30A-12P</b>  <b>Zoom: <a href="https://us02web.zoom.us/j/87371125847">https://us02web.zoom.us/j/87371125847</a></b></p>			