

Meeting Summary & Action Items

Maine Telehealth and Tele-Monitoring Quarterly Advisory Group Meeting

Date: Thursday, November 2, 2023 10:30AM-12:00PM

Attendees: Danielle Louder, Reid Plimpton, Caren Bishop, Chris Gilding, Andrew Solomon Elizabeth West, Sue Woods, Lisa Nolan, Erica James, Mara Larkin, Tracy Jalbuena, Lisa Letourneau, Yvonne Jonk, Laura Mrazik, Carol Carew, Alicia Swihart, Stephanie Gagne

Issue	Summary/Decisions	Action Items and/or Resources	Lead
Welcome & Agenda Scan	<p>Danielle opened meeting and did agenda scan with the group to ensure all key items were covered. Introductions were made.</p> <p>Acknowledgement of Recent Tragedy in Lewiston on 10/25/23</p>	N/A	FYI
Discussion around potential need to leverage telehealth to address needs/gaps following tragedy	<p>Open discussion around community response to tragedy and need to leverage telehealth</p> <p><i>LML – State is trying to support community and physicians, various webinar sessions for clinicians are being held and will be made available. There will be increased BH resources. Will be posting recording and webinars to a dedicated webpage eventually. Various resources are posted on Governor’s webpage.</i></p> <p><i>Tracy - Related Concern w/respect to need for additional BH services during this time: CMS waiver to enroll providers home address - providers are reluctant to have their home addresses enrolled in Medicare b/c it is public information and puts providers at risk</i></p> <p><i>DL – we are connecting with CCHP to get feedback from other states and gather concerns together. The more comments that we can put together the better. We can develop comments and share with the group and they can be sent to Senator King’s office.</i></p> <p><i>Lisa HMP- Oct 19th the house committee expressed concern with this – privacy an issue. AHA raised this issue.</i></p>	<p><i>Links shared in chat – BH Resources available to support communities, providers, etc.:</i></p> <p><i>DHHS Behavioral Health Resources webpage:</i> https://www.maine.gov/dhhs/node/4919</p> <p><i>Healing Together: Governor’s clearinghouse of information on ways to support victims and families in Lewiston & anyone who struggling with MH issues:</i> https://www.maine.gov/governor/mills/lewiston</p> <p><i>Lewiston Response BH Request: online request form for organizations & communities to request support with BH counseling, training, and connection to tools:</i> https://forms.office.com/pages/responsepage.aspx?id=q6q_QX0qYkubzeoajy-</p>	Members to share as appropriate

		<p>To find more info in the federal register that posted on 11/2: page 151: https://public-inspection.federalregister.gov/2023-24184.pdf</p>	
<p>TH/TM Priority Areas</p>	<p>Promote Payment/Policy Change Telehealth Policy Activity – Transitioning to the second session of the 131st Legislature – Lisa Harvey McPherson highlighted items they are tracking at Northern Light, and Reid shared summary document outlining bills related to telehealth MaineCare Notice of Agency Rule-making Proposal, MaineCare Benefits Manual Chapter I, Section 4, Telehealth Services (Anticipate Finalization November, 2023)</p> <p><i>DL – DEA proposed rules extended into 2024. Hoping for registry by the end of 2024. MaineCare has a notice of agency rule making proposal with changes to address gaps in telehealth services. These should be finalized sometime in November and we'll send the link.</i></p> <p><i>RP – Combed through the bills that were carried over at the end of session 1 – created a 2-pager. We're in proposal phase for 2nd session. Went through list of bills not finalized and are telehealth adjacent – all TH specific were wrapped up in the first session. Other bills may have implications on how we do telehealth.</i></p> <p><i>LHMP – Technology space, the original bill prohibits the use of tech that supports nursing care. A lot of discussion – nursing union is strongly opposed to telehealth and technology.</i></p> <p><i>DL – In DC last week we saw a presentation on tele-nursing. Addresses shortages. Telementorship as well.</i> <i>Yvonne – OAT has funded a project through University of North Carolina to look at the impact of virtual nursing. Interest at the federal level.</i> <i>DL – OAT gave the presentation on this project we will send out the recording to this group.</i></p> <p><i>LHMP – telemonitoring bill/policy, home technology for ultrasounds there will be a report back in January.</i></p>	<p>Resources and Action Items</p> <p>State Telehealth Laws and Reimbursement Policies At-A-Glance Fall 2023– CCHP</p> <p>DEA Proposed Rules Extended – CCHP Newsletter</p> <p>Key Update: MaineCare Telehealth Rules Finalized and Adopted on 11/6/23</p> <p><i>Share 2 pager summary document – TH Related Bills 131st Legislature</i></p> <p>Share UNC slides/recording from HRSA/OAT meeting RE: Virtual Nursing</p>	<p>FYI</p> <p>NETRC</p> <p>NETRC</p>

	<p><i>DL – MLN matters from June is particularly practical, unwinding of the PHE. https://www.cms.gov/files/document/mln901705-telehealth-services.pdf</i></p> <p>Behavioral Health <i>Digital Therapeutics - Digital Health Resource Guide – DRAFT Guide; CB – provided update and mentioned workgroup selection. More content / contribution is needed to complete the resource guide. Input from the group.</i></p> <p><i>DL – second cohort of Peds Behavioral Health ECHO – largest ever attended.</i></p> <p><i>Sue Woods – constant struggle, even though we talk about technology, its really the people who are dealing with the issues who are the experts know where the gaps are. Digital services needs to be part of that. How do we learn from providers, what the context is, where the pain points are to identify the opportunities?</i></p> <p><i>DL – We do share the ECHO case and questions and recommendations after the session. We could share this resource that’s available to anyone. If we work through these we can find common pain points. Can we leverage Digital Health to address any of this?</i></p> <p><i>Tracy – at MH we contracted with Manatt to do a hospital-based needs assessment and 5yr strategic plan. Telepsych is one of 5 areas we are designing and building. To address patients who get stuck in the ED b/c they need an inpatient but no bed available. Powerful tool to help patients while in the ED when there is no bed available. Another area we are focusing on is virtual nursing.</i></p> <p><i>RP – shared info on the Vermont Emergency Telepsychiatry Network and link to VETN website. https://www.vpqhc.org/vermont-emergency-telepsych</i></p> <p>https://static1.squarespace.com/static/564f3d4fe4b06abfbce08b63/t/63d838de22d8117ddbff85e9/1675114724543/2022+VETN+Report+Final+Update.pdf</p>	<p><i>Link to the workgroup survey: https://www.surveymonkey.com/r/THTM2023</i></p> <p><i>DL will share with Caren to include in the BH workgroup. See Resources on Maine Peds BH Partnership website</i></p> <p><i>BH workgroup to Identify specific barriers and solutions and move forward where we can.</i></p>	<p>Members to complete by 11/10/23</p> <p>FYI</p> <p>BH Workgroup</p> <p>FYI</p>
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<p>Resources and Opportunities</p>	<p>Maine Pediatric Behavioral Health ECHO for Primary Care – New Cohort starting Nov. 1 (first Wednesday of each month) – Register to Participate</p> <p><i>Reid - great new training on this site: https://ce4ta.matrc.org "Equity in Telehealth: Toolkit for Telehealth Providers "</i></p> <p>New Promoting Mental Health in the School Setting Toolkit on TH Classroom</p>	<p>Policy related resources: CCHP - Summary of state telehealth policy changes for Fall 2023; Fall 2023 FQHC Telehealth Fact Sheet; New OIG Report on Home Health Agencies Use of Telehealth During the Pandemic</p>	<p>FYI</p>

	<p>State of Maine Digital Equity Plan - submitted to NTIA 9/1/23 (first state in the country!)</p> <p>Funding Opportunities</p> <ul style="list-style-type: none"> ○ Rural Health Network Development Planning Program – HRSA-27-007 (due 1/26/24) ○ Maternal and Child Health – Improving Oral Health Integration Demonstration Projects – HRSA-24-039 (due 1/22/24) ○ Evidence-Based Telehealth Network Program - HRSA-24-010 (Forecasted) <p><i>LHMP – Hearing that the new speaker is willing to pass a Continuing Resolution (CR) until January and then the bills/budgets will be passed.</i></p> <p><i>Andrew – Maine Seacoast Mission – 1 year planning grant looking at re-establishing their network to serve the unbridged islands. Hired a new NP to be on the boat the Sunbeam – reorganize the tech. We’ll be reaching out as we kick-off the grant.</i></p> <p><i>Tracy – RMOMS maternal fetal medicine and using telehealth tools to support this. We are participating with all birthing hospitals in the state. Hypertension and BH with a special focus on SUD to high need areas. Incorporating RPM and utilizing synchronous video visits for BH component. Beginning stages of implementation. DL shared RMOMS 1-pager in the chat. Telehealth is one focus.</i></p>		
<p>Next Steps and Adjourn</p>	<p>Danielle reviewed next steps/assignments (see Action Items) and encouraged all to reach out with questions and/or resources to assist with group activities to further promote telehealth.</p> <p>Reminded group of Advisory Group webpage which houses meeting info and relevant resources.</p>	<p>Send out meeting summary and resources discussed; Include items of interest on February agenda</p> <p>Reach out to share any items you’d like to cover in February</p>	<p>Danielle</p> <p>All</p>
<p>Next Meeting: Thursday 1, February, 2023 10:30A-12P</p> <p>Zoom: https://us02web.zoom.us/j/87371125847</p>			