

Maine Telehealth and Telemonitoring Advisory Group

Q3 Meeting: Thursday, August 6, 2026

Notes and Action Items (developed with assistance from Zoom AI Companion)

Quick recap

The meeting focused on updates and discussions regarding the Rural Health Transformation Project (RHTP) in Maine, with particular emphasis on digital health initiatives, telehealth programs, and EMR modernization funding opportunities.

Key policy related updates included CMS's proposed changes to remote patient monitoring and remote therapeutic monitoring rules, which would restrict third-party vendor involvement in data collection and analysis, prompting concerns from health systems about workflow impacts. Yvonne Yonk provided an update on the RTRC research project, explaining that the Office for the Advancement of Telehealth requested focusing only on quantitative data rather than including qualitative components due to project scope constraints.

Lisa Letourneau presented details on the \$30 million EMR modernization funding opportunity, explaining the eligibility requirements and application process, with applications due August 14th. The RHTP Digital Health team then reviewed upcoming digital health initiatives including virtual quick care, youth telebehavioral health, perinatal specialty consults, teledentistry, and remote patient monitoring programs, with plans to release RFPs later in the month starting with youth telebehavioral health services to align with school schedules.

Next Steps/Action Items	Responsible
Send the AI workgroup meeting invitation to anyone who expresses interest in joining the Monday noon meeting.	Andrew S
Share the slides from today's meeting with attendees as part of the follow-up notes (Digital Health Projects and EMR Modernization)	Danielle L and Lisa L
Reach out to a few organizations known to provide RPM/RTM services to gather input on how the proposed CMS rule changes would impact them, particularly regarding use of third-party vendors	Reid P
Collect from advisory group members the names/contacts of additional key stakeholders (e.g., geriatrics, OBGYN/MFM, EMS, nursing home, etc.) who should be consulted for the digital health and AI initiatives, and ensure those connections are made for ongoing planning (Year 2 of RHTP and beyond)	RHTP Digital Health Team
Reach back out to Lizzie and others who have expressed interest in providing qualitative feedback on the telehealth policy cliffs, to explore how to collect and use this information outside of the formal OAT-funded research project.	Yvonne
Finalize and issue the updated EMR modernization FAQ and one-week reminder to applicants by tomorrow (August 9)	RHTP EMR Modernization Team
Complete key stakeholder discussions and launch the first RFP (Youth Telebehavioral Health) late August/early Sept, with subsequent RFPs for other digital health initiatives to follow soon after	RHTP Digital Health Team

Meeting Summary

Relevant Telehealth Policy Updates

- Danielle provided a brief overview of key federal and state policy updates: ME LD 239 An Act To Allow Retail Pharmacies To Operate Remote Dispensing Sites In Rural Areas, Approved May 29, 2026
- Reid presented key updates on the [2027 Physician Fee Schedule](#) (PFS), highlighting proposed changes to remote patient monitoring (RPM) and remote therapeutic monitoring (RTM), including new requirements for in-person encounters and restrictions on third-party vendor involvement in data collection and analysis.
- Yvonne provided an update on the RTRC policy research project (Stabilizing the Virtual Visit – Why Policy Permanence Matters), noting that OAT requested focusing only on quantitative data rather than both quantitative and qualitative analysis.

Maine Rural Health Transformation Program (RTHP) Updates

The discussion focused on updates and discussions around rural health transformation and digital health initiatives, including EMR Modernization and Year 1 Digital Health Projects. Lisa Letourneau shared details about the \$30 million EMR modernization funding opportunity, explaining eligibility requirements, allocation methods, and the application process, which is due August 20th. The meeting also included introductions from new team members and an overview of upcoming digital health initiatives, with discussions about how to gather qualitative feedback on telehealth policy impacts continuing beyond the formal research project scope.

Year 1 Digital Health and Telehealth Projects

The meeting focused on Maine's Rural Health Transformation Fund Initiative 3, which aims to leverage technology to modernize rural care delivery through several digital health programs. Danielle Louder and her team presented three key programs: a virtual quick care service providing same-day appointments statewide, a Youth Telebehavioral Health Program targeting youth aged 12-18, and perinatal specialty consults connecting rural providers with perinatal experts. The team is currently engaging with state departments to develop RFPs for these digital health initiatives, with applications expected to launch soon, and year two work plans and budgets need to be submitted by the end of August.

Rural Healthcare Program Expansion

Digital Health Team presented several healthcare programs aimed at expanding access to services in rural Maine. The Mammha Perinatal Care App program seeks to standardize maternal mental health screening workflows across the state, while the automated text messaging program aims to provide self-management support for patients with chronic conditions. The teledentistry project focuses on strengthening oral health consultations for rural Mainers, particularly children, with a goal of completing 500 teledentistry consultations per month. Other programs discussed included Provider to Provider eConsults, Telehealth in Nursing Homes, and Remote Patient Monitoring for both adults and perinatal health, each with specific population focuses and partnership requirements.

Telehealth RFP Planning Discussion

The team discussed the upcoming RFPs for telehealth and digital health initiatives, with plans to launch the first request for proposals late August/early September, focusing initially on youth-based telebehavioral health to align with school schedules. Lisa emphasized the need to balance statewide coverage with local partnerships, particularly for rural communities, while Danielle confirmed that key stakeholders including Dr. Kat Campbell from the MFM team have already been engaged in discussions. The group also addressed challenges around EMR integration across different care settings and discussed the importance of sustainability and revenue cycle management in proposals.

Resource Sharing

The group shared and discussed new resources, including current funding opportunities, upcoming trainings, conferences, etc. and new telehealth resources.

Resources and Opportunities

- NETRC Resources: [July Newsletter](#); NETRC-NERHA 2026 RPM Workshop: From Monitoring to Meaningful Impact – [Workshop Recording](#)
- National TRC Resources - [Webinar Series](#) (recordings and upcoming webinars)
CCHP's August Feature Topic: [Understanding RPM and RTM Reimbursement](#)
- Posted and Forecasted Funding Opportunities – see page 2
- Upcoming Events, etc.
 - [MATRC 2026 Summit](#): August 10-12, 2026, Herndon, VA
 - [AIXPH – NNPHI Conference on AI and Public Health](#): Oct. 13-16, 2026, Baltimore, MD
 - [NERHA 2026 Conference](#): Nov. 17-18, 2026, Concord, NH
 - [NRHA 2027 Conference](#): Call for [Presentations](#) (due 8/7) and [Posters](#) (due 1/15/27)